

St. Paul VI Catholic High School Athletic Department

COVID-19 Acknowledgement and Pledge

Participants in interscholastic athletics at St. Paul VI Catholic High School have an important role to play in keeping everyone safe by doing their part to reduce risks and stop the spread of COVID-19. COVID-19 is a highly contagious virus and it is possible to contract COVID-19 and other infections even while following all safety guidelines and procedures. St. Paul VI Catholic High School's Athletic Department may modify procedures, guidelines and expectations at any time.

I acknowledge the statement above. I acknowledge that this pledge is a non-negotiable condition of my participation in interscholastic athletics & use of facilities. I accept this challenge & pledge to take responsibility for my health and to help stop the spread of the COVID-19. I will follow all procedures & guidelines from the school, athletic department & my coaches. I pledge to protect myself and others by doing the following:

- 1- I will abide by all St. Paul VI Catholic High School COVID-19 policies.
- 2- I will stay at home when I feel sick in any way, think I've been exposed, or have failed to follow the guidelines listed above in item 1.
- 3- I will monitor myself daily for the following symptoms:
 - **Fever** of 100.4°F or higher (*take temperature before departing for practices/games*)
 - Respiratory symptoms such as **Dry Cough** or **Shortness of Breath**
 - **Sore Throat, Headache, Chills, Nausea/Vomiting, Body Aches** not attributed to workouts ▪ **Loss of Taste or Smell** or **any other symptoms listed by the CDC** (now or in the future).
- 4- If I develop any of the above symptoms (or if I have been exposed to anyone with any of the above symptoms) I agree to immediately inform my head coach, as well as the school administration and follow instructions from the school which may include: being tested for COVID- 19, quarantining, and/or being evaluated by the athletic training staff.
- 5- I will immediately inform my head coach and the school administration of travel outside of the area. 6- I agree to participate fully and honestly with the school administration/athletic training/health department staff for contact tracing.
- 7- I will wear a mask or the appropriate PPE in all public spaces.
- 8- I will practice physical distancing.
- 9- I will frequently wash and/or sanitize my hands.
- 10- I will keep my personal spaces, shared common spaces, and all my belongings clean. 11- I will follow all rules, directions, and instructions given by coaches/staff.

Student-Athlete Name (please print clearly) _____

Student-Athlete Signature & Date _____

Parent Pledge: I acknowledge, agree and will fully support St. Paul VI Catholic High School's efforts to reduce risks in order to keep student-athletes, coaches, and others healthy and safe.

Parent Signature & Date _____

COACHES ONLY

Coach Pledge: I will follow all precautions, guidelines and procedures while ensuring that my student-athletes always do the same.

Coach Signature & Date _____

REV: January 2021